



Slea Paddlers 2019 Programme

Date	Event	Lead Coach/Organiser	Activity/Subject	Participants	Location
January 2019					
Sat 12 Jan 2019	Pool Session 17:00 - 18:00 1st Session 18:00 - 19:00 2nd Session	Paul	Start: Skills Consolidation Discover: Skills consolidation 2nd Session: Rolling Practice	All Club members. Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Wed 16 Jan 2019	Committee Meeting	Brian	Formalise 2019 Club Calendar - Planning session	Committee	Brian's House 19:30 - 22:00
Sat 26 Jan 2019	Pool Session 17:00 - 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Start: Moving sideways Discover: Peer Rescues 2nd Session: Draw stroke on the move & Hanging Draw Rolling Practice	All Club members. Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
February					
Sun 03 Feb 2019	River Trip – Sleningford Mill	Kev / Adam	Confirmation of paddling skills. Grade 1 river with a number of grade 2 sections that can be played on to gain moving water skills.	Discover and above	River Ure Sleningford Mill, North Stainley, Ripon, North Yorkshire, HG4 3HQ
Sat 09 Feb 2019	Pool Session 17:00 – 18:00 1st Session 18:00 – 19:00 2nd Session	TBA	Start: Paddle at different speeds, Stopping at different speeds Discover: Maintain fwd Paddling whilst edging, get out of the boat using two different methods 2nd Session: Edging, Low Brace turns, Rolling Practice	All Club members Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sat 16 Feb 2019	Pool Session Sleaford Cubs / Beavers	Dane & Assistants	Kayak Taster session – Intro & water confidence 2 x 1-hour sessions – max number 24	1st Session	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sat 23 Feb 2019	Pool Session 17:00 – 18:00 1st Session 18:00 – 19:00 2nd Session	TBA	Start: Steer your boat around a simple course, Discover: Low Brace, Low brace turns 2nd Session: Rescue a capsized paddler: - Paddle rescues, Rescue a drowned paddle.	All Club members Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
March					
Sat 09 Mar 2019	Pool Session 17:00 - 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Start: Edge your boat and paddle on the low side. Get out of your boat and empty any water from it. Discover: Rescue a capsized paddler – T rescues, deep water rescues 2nd Session: Throw line work use Gym 1700- 1800. Throw line work in the pool	All Club members Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP



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Sun 17 Mar 2019	River Trip – Newark Loop	Paul	Journey Experience Consolidation of flat-water skills over distance. Suitable for Canoe, Kayak and SUP	Discover onwards	Mill Lane Newark NG24 4TT 8 Miles round trip
Sat 23 Mar 2019	Pool Session 17:00 - 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Start & Discover Swim with a BA. Prep for river sessions, Capsize drills, deck tests. Bring club kit, PDF's helmets. Swim with a BA Water confidence games to finish off session 2nd Session: Consolidation of skills Support strokes, Rolling, Low brace turns, Edging, throw lines, rescues	All Club members	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sun 24 Mar 2019	Kit / Equipment Check	Andy	Full equipment check and prep of boats for summer sessions.	All Club members	Scout Hut 10:00 - 12:00
April					
Tue 02 Apr 2019	Committee Meeting	Brian	Club Business	Committee members	Brian's House
Sun 07 Apr 2019	Club Session - 10:00 - 12:00	TBA	Paddling skills, rescues and games, small River trips	All Club members	River Slea or Tattershall Bridge
Sun 14 Apr 2019	River Trip – Nene White Water Centre	Kev	Consolidation and improve upon skills in a controlled moving water environment	Discover and above	Nene White Water Centre Bedford Rd, Northampton NN4 7AA
Sun 28 Apr 2019	Club Session - 10:00 - 12:00	TBA	Paddling skills, rescues and games, small River trip	All Club members	River Slea or Tattershall Bridge
May					
Tue 07 May 2019	Moving water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover and above	Newark Weir
Sun 12 May 2019	Club Session - 10:00 - 12:00	TBA	Paddling skills, rescues and games, small river trips	All Club members	Tattershall Bridge
Sun 12 May 2019	Taster Session 13:00 – 15:00	TBA	Sleaford Scouts Taster session	Coaches & Assistants	Tattershall Bridge
Tue 14 May 2019	Moving water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover +	Newark Weir
Sat 18 May 2019	Slea Paddlers Come and Try Day 10:00 – 16:00	Brian / Paul	British Canoeing Introduction to Paddlesport – Public taster session	Club Coaches Club Members & Participating Public	Eastgate carpark, Sleaford
Tue 21 May 2019	Moving water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover	Newark Weir



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Tue 23 May 2019	Moving water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover +	Newark Weir
Sun 26 May 2019	Club Session - 10:00 - 12:00	TBA	Paddling skills, rescues and games, small river trips	All Club members	Tattershall Bridge
Tue 28 May 2019	White water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover +	Newark Weir
Jun					
Tue 04 Jun 2019	White water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover +	Newark Weir
Sun 09 Jun 2019	Club Session - 10:00 - 12:00	TBA	Slea Paddlers Olympic Themed Event	All Club members	Newark Canoe Club - Thurlby Lake
Tue 11 Jun 2019	White water Skills 18:30 – 20:00	Adam	White Water and moving water skills	Discover +	Newark Weir
Sun 23 Jun 2019	Moving Water Skills and River Trip	Kev / Adam / Paul	Consolidation and improve upon skills in a controlled moving water environment. River Trent river Trip	Discover +	National White Water Centre Holme Pierrepont Nottingham NG12 2LU River Trent
Sun 24 Jun 2019	Club Session - 10:00 - 12:00	TBA	Paddling skills, rescues and games,	All Club members	Tattershall Bridge
July					
Sun 07 Jul 2019	Club Session – 10:00 - 12:00	TBA	Paddling skills, rescues and games, small River trips	All Club members	Thurlby Lake
Sun 07 Jul 2019	Taster Session 13:00 – 15:00	TBA	Sleaford Cubs Taster session	Coaches & Assistants	Tattershall Bridge
Sun 21 Jul 2019	Club Session – 10:00 - 12:00	TBA	Paddling skills, rescues and games, small River trips	All Club members	Tattershall Bridge
Sun 28 Jul 2019	Coaches Skills Day	Paul	Opportunity to refresh paddle skills – canoe kayak and SUP	All Coaches	TBA
August					
Sun 04 Aug 2019	Moving Water Skills HPP Back Channels	Kev	Consolidation and improve upon skills in a controlled moving water environment.	Discover +	National White Water Centre Holme Pierrepont Nottingham NG12 2LU
Sun 18 Aug 2019	Moving Water Skills HPP Back Channels	Kev	Consolidation and improve upon skills in a controlled moving water environment.	Discover +	National White Water Centre Holme Pierrepont Nottingham NG12 2LU



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September					
Sun 01 Sep 2019	Beach Day 10:00 – 16:00	TBA	Sea Surfing & Family day	All Club members	Huttoft, PE24 5XX
Sat 14 – Sun 15 Sep 2019	Weekend Paddle – Houghton Mill	Paul	Low mileage journeying opportunities	Discover	Based from Houghton Mill Campsite Overnight camp Houghton, Huntingdon PE28 2AZ
Sun 22 Sep 2019	Club Session – 10:00 - 12:00	TBA	Paddling skills, rescues and games, River trip, Assessments	All Club members	Tattershall Bridge
October					
Sat 05 Oct 2019	Men's Health Survival of the Fittest Rat Race	Brian	Marshalling and water cover for Men's Health Survival of the Fittest series	All Club Members	National Water Sports Centre, NG12 2LU
Sat 12 Oct 2019	Pool Session (Provisional) 17:00 - 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Winter Program TBD	All Club members Invite will be sent out between 5 & 7 days before the event.	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sun 13 Oct 2019	River Trip - TBA	Kev	White Water and moving water skills	Discover +	TBA
Sat 26 – Sun 27 Oct 2019	Lake District Weekend – accommodation Camping / Bunkhouse	Adam/Kev/Paul	Paddling weekend on both lake and whitewater. Canoeists / SUP – Lake Windemere / Coniston Kayakers – Water Level dependant	All Club members	Lake Windermere, Lake Coniston, River Leven
November					
Sat 2 Nov 2019	Pool Session (Provisional) 17:00 – 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Paddling skills, rescues and games	All Club members	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sun 03 Nov	River Trip - TBA	Kev	White Water and moving water skills	Discover +	
Sat 16 Nov 2019	AGM - 19:00 - 22:00 (Provisional)	Brian	Annual members meeting and social	All Club members	Scout Hut, Reform Place Sleaford
Sun 17 Nov 2019	River Trip – TBA	Kev	White Water and moving water skills	Discover + (Kayak) Canoeing possible depending on venue	TBA
Sat / Sun 23 – 24 Nov 2019	Coaches and Leaders Conference	Hosted by British Canoeing	Conference & Skills workshops	Open to all Coaches and Leaders	Eastwood Hall, Nottinghamshire. NG16 3SS



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Sat 30 Nov 2019	Pool Session (Provisional) 17:00 – 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Paddling skills, rescues and games	All Club members	The Priory The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
December					
Sat 01 Dec 2019	Pool Session (Provisional) 17:00 – 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Paddling skills, rescues and games	All Club members	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP
Sun 08 Dec 2019	River Trip – Christmas Paddle	TBA	Xmas Paddle – Canoe SUP and Kayak	All Club Members	TBA
Sat 14 Dec 2019	Pool Session (Provisional) 17:00 – 18:00 1st Session 18:00 - 19:00 2nd Session	TBA	Paddling skills, rescues and games	All Club members	The Priory City of Lincoln Academy on Skellingthorpe Rd/B1378, in Lincoln, LN6 0EP